
Languages

List all written and spoken languages, as well as your level of fluency

Fluent (mother tongue, or comparable)

Functional (sufficient for a work environment)

Beginner (able to communicate ideas effectively, but not perfectly)

Academic Experience

Post-Secondary Education

List all diplomas and degrees obtained from a recognized post-secondary institution (e.g. college, university) in reverse chronological order (starting with the most recent). DO NOT add additional details (honours, scholarships, etc.). Academic achievement and excellence is evaluated from transcripts.

Additional Academic Experience

List any additional academic experience such as teaching (e.g. teaching assistant) or research (e.g. research assistant).

Non-Academic Experience

Paid Work Experience (past 5 years)

List all paid work experiences in the past 5 years.

Briefly outline the roles and responsibilities of the position, as well as any honours or recognitions received.

Outline the time commitment required for the job

Volunteer and Community Experience (past 5 years)

List all volunteer work experiences or community activities that involved a substantial commitment in the past 5 years.

Include only activities that lasted more than one week or that involved a recurrent commitment. Community involvement can include activities such as competitive sports (e.g., varsity or provincial-level competition) or music (e.g. performance and/or orchestral) that requires a substantial time commitment and community involvement beyond the organization itself.

It can also include commitments such as caring for others, including family members (e.g., elderly relative, younger siblings), or substantial family responsibilities.

Hobbies and Interests

List any activities that are done for personal enjoyment, and that show the diversity of your interests.